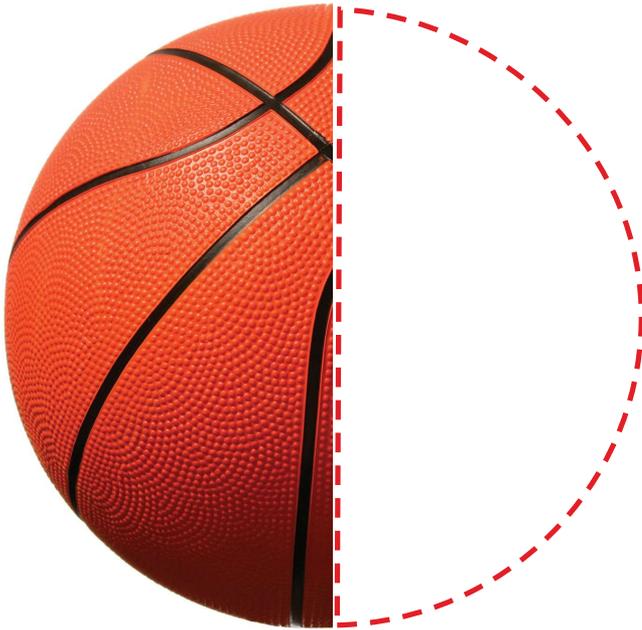


**IF YOU THINK
PHYSICAL HEALTH =
WELLNESS,**

**YOU'RE
HALF RIGHT.**



No doubt about it, good physical health is important. But the definition of wellness doesn't stop there. If you're concerned about things like stress, alcohol or drug issues, or depression symptoms call the Lake County ADAMHS Board's Compass Line at 350-2000 or 918-2000 (both 440) for free, confidential assistance.

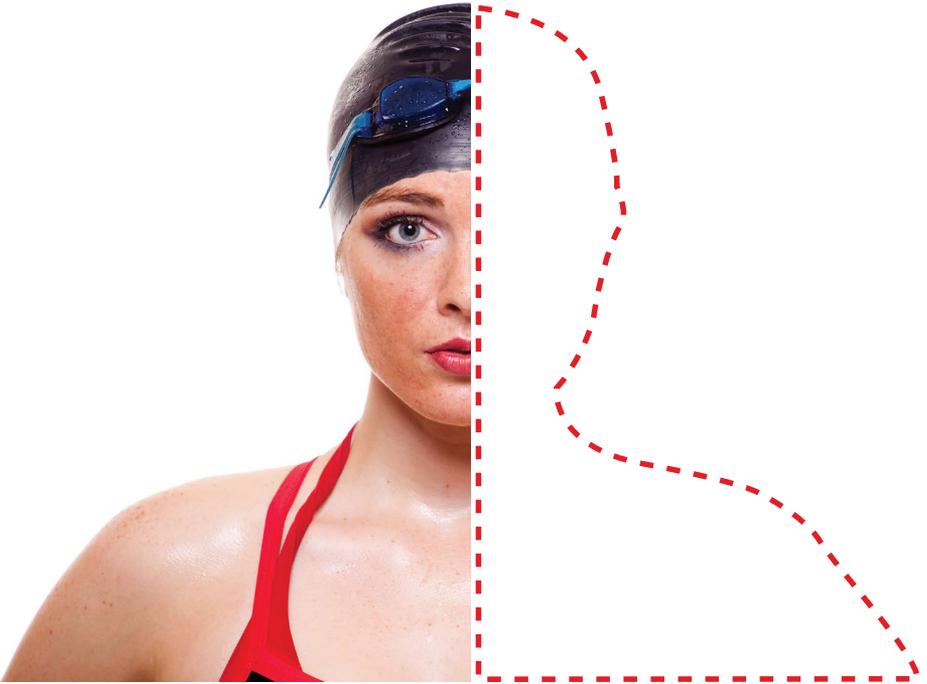


The Lake County Alcohol, Drug Addiction, and Mental Health Services (ADAMHS) Board plans, funds, monitors, and evaluates the network of services available for Lake County residents who are dealing with a mental illness and/or addiction disorder. Learn more at www.HelpThatWorks.us.

YOU.ME.US. We're in this together. There is no them.

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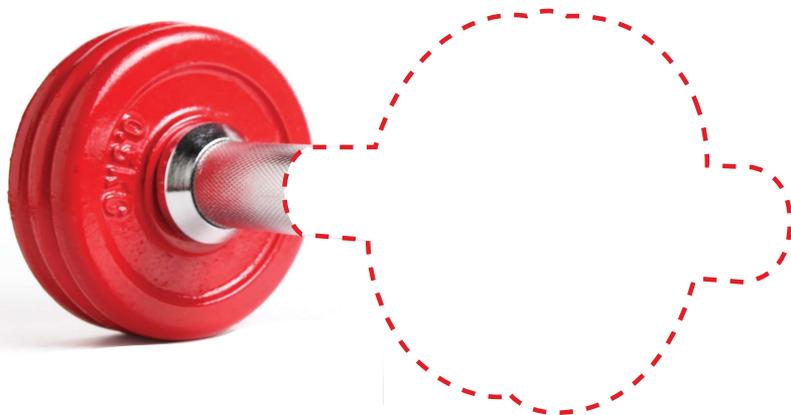


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